



UNC CFAR Social and Behavioral Science Research Core SABI Database

INSTRUMENT TITLE: *The UCLA Multidimensional Condom Attitudes Scale (MCAS)*

SOURCE ARTICLE: Helweg-Larsen, M. & Collins, B.E. (1994). The UCLA multidimensional condom attitudes scale: Documenting the complex determinants of condom use in college students. *Health Psychology*, 13(3), 224-237.

RESPONSE OPTIONS: Scale ranging from *strongly disagree* (1) to *strongly agree* (7) regarding intention and condom attitudes and past condom use

PARTICIPANT INSTRUCTIONS: *Please respond to all questions even if you are not sexually active or have never used (or had a partner who used) condoms. In such cases indicate how you think you would feel in such a situation.*

SURVEY ITEMS:

Reliability and Effectiveness

1. Condoms are an effective method of birth control.
or
Condoms are an effective method of preventing the spread of AIDS and other sexually transmitted diseases.
2. The condom is a highly satisfactory form of contraception.
3. I think condoms are an excellent means of contraception.
4. Condoms are unreliable.
5. Condoms do not offer reliable protection.

Pleasure

6. The use of condoms can make sex more stimulating.
7. Condoms ruin the sex act.
8. Condoms are uncomfortable for both partners.
9. Condoms are a lot of fun.
10. Use of a condom is an interruption of foreplay.

Identity Stigma

11. Men who suggest using a condom are really boring.

TERMS OF USE:

Individuals may use this information for research or educational purposes only and may not use this information for commercial purposes. When using this instrument, please cite:

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12. If a couple is about to have sex and the man suggests using a condom, it is less likely that they will have sex.
13. Women think men who use condoms are jerks.
14. A woman who suggests using a condom does not trust her partner.
15. People who suggest condom use are a little bit geeky.

Embarrassment About Negotiation and Use

16. When I suggest using a condom I am almost always embarrassed.
17. It is really hard to bring up the issue of using condoms to my partner.
18. It is easy to suggest to my partner that we use a condom.
19. I'm comfortable talking about condoms with my partner.
20. I never know what to say when my partner and I need to talk about condoms or other protection.

Embarrassment About Purchase

21. It is very embarrassing to buy condoms.
22. When I need condoms I often dread having to get them.
23. I don't think that buying condoms is awkward.
24. It would be embarrassing to be seen buying condoms in a store.
25. I always feel really uncomfortable when I buy condoms.

NOTES ON SCORING:

These items should be reverse scored: 1, 2, 3, 5, 6, 7, 8, 11, 13, 14, 16, 17, 18, 22, 23, 24, 25.

While scoring, it is not recommended to average across all 25 items. Rather, authors recommend scoring within each MCAS factor, identified below:

Reliability and Effectiveness: 4, 6, 9, 14, 20

Pleasure: 2, 8, 15, 19, 25

Identity Stigma: 3, 13, 18, 22, 24

Embarrassment about negotiation and use: 1, 7, 12, 16, 21

Embarrassment about purchase: 5, 10, 11, 17, 23

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